

- Use your own table cloth to cover the table as long as it is freshly-laundered.
- If you are cooking food in your oven and/or on your stove, you must *kasher* your oven and/or stove and/or microwave oven. Follow the steps below:
 - a. **To *kasher* your oven**, turn oven on to self-clean and clean as per usual. Leave racks in oven while it is self-cleaning. If your oven does not self-clean, turn oven on to 500 degrees and leave for one half hour to allow any food remnants to charcoal. When the oven is cooled down, wipe out any traces of food.
 - b. **To *kasher* your stove-top**, clean your stove-top completely, being sure to wash the metal burner liners and under the liners to remove all traces of food. Turn burners on to high and allow to heat until they are red hot. Turn burners off and allow to cool
 - c. **To *kasher* your microwave oven**, wash the turntable and wipe the microwave oven and the door thoroughly. Place turntable back into microwave and fill a glass corning ware measuring cup with water (1 or 2 cups). Place cup in the oven and boil the water. Allow water to boil for a couple of minutes.
- Use your kitchen towels provided they have not been used since last laundered.
- Wash all used items from the TBS-EV Kosher Kit in your sink, using the wash basin provided in the Kosher Kit. The wash basin is the Tupperware in which the utensils are stored.

Please identify to TBS designee if any item was accidentally "contaminated" with a non-dairy or non-kosher food item. Place the item in a plastic bag and return to TBS-EV with the Kosher Kit.

If you have questions about use of the TBS-EV Kosher Kit or planning your menu, please don't hesitate to the office.

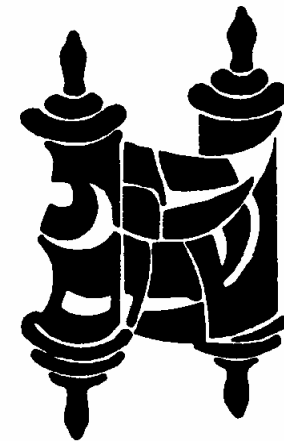


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Easy Steps

for Hosting a Kosher Event in Your Home



Temple Beth Sholom of the East Valley

Step 1. Consider Menu Options

A. Use pre-packaged Kosher food items (Dairy Only)

- Must follow the TBS-EV Va'ad Kashrut approved Kosher symbols Certification list (see TBS-EV *Kashrut Guidelines* – http://templebethsholomaz.org/Documents/kashrut_english.pdf).
- Some packaged items can be found in the frozen food sections at Trader Joes, Albertson's, or at kosher food stores such as Imperial Kosher (1145 E Glendale Ave Phoenix, 602-285-6999) or Segal's (4818 N 7th St, Phoenix, 602-277-5769).
- Many packaged bakery items are kosher, and can be found in the bakery department at Albertson's, Trader Joe's, WalMart, Sam's Club, Costco. Many ice cream, frozen cakes and pies are also kosher.
- See **Kashrut Guidelines for information on fruit and vegetable trays.**

B. Cook a Dairy Meal

- A dairy meal may contain all types of dairy, fruit, vegetables and fish, but no meat items or shell fish whatsoever, including chicken stock or other meat flavorings (make sure these items are marked kosher and *parve*). Follow the TBS-EV *Kashrut Guidelines* when planning your meal.
- Many pasta dishes are ideal as dairy meals, as are meals involving fish, grains, vegetable casseroles. You can look on the internet for vegetarian recipes and there are many great vegetarian recipe books that can be found in your local library or bookstore. If you are using a kosher cookbook, be sure that you are using a recipe that is marked "dairy" or "*parve*."

C. Have the Event Catered

You can order food from a TBS-EV approved dairy or vegan restaurant:

- Pita Delight (Kosher Dairy restaurant), 918 N. Alma School Rd., 480-857-7277, www.pitadelight.net
- Green (Vegan restaurant), 2240 N. Scottsdale Rd., Tempe, AZ, 480-941-9003, www.greenvegetarian.com
- Note that Segal's and Scottsdale Kosher Market are meat restaurants that also have available *parve* items. If you intend to serve food using the TBS-EV Kosher Kit, make sure that the items you order are *parve*, and also that you serve a non-dairy dessert such as fruit or a non-dairy (*parve*) dessert from Karsha's Bakery (5555 North 7th St., #116 Cinema Park Plaza, Phoenix, 602-264-4874).

Step 2. Borrow the TBS-EV Dairy Kosher Kit

The TBS-EV Kosher Kit should contain the following items:

- Cutting Board
- Knives
- Peeler
- Wash Basin
- Sponges
- Mixing Spoons
- Mixing Bowls
- Set of Pots
- Strainer
- Spatula
- Measuring Spoons
- Cooking Utensils

When you return the Kosher Kit to TBS-EV, please check the contents against the list and ensure that you have included all items for return.

Step 3. Purchase the Following

- Plastic Silverware (knives, forks and spoons)
- Paper Products (napkins, plates, bowls)
- Aluminum foil, aluminum roasting pans and/or cake pans

Step 4. Follow the Guidelines

- Read the TBS-EV *Kashrut Guidelines* provided with this document.
- All food must be prepared using the contents of the TBS-EV Kosher Kit or any newly-purchased and never-used items.
- Cover counter space for food preparations with aluminum foil. This can be a small area of your counter that you designate for food preparation for this event.
- Eat food items off of purchased plastic silverware and paper plates/bowls.
- If you wish to serve food buffet-style or place food on serving platters on dining table for people to help themselves, you may use any dish or serving tray that you own; just cover the dish or platter with aluminum foil.